



Melrose & Pre-School Department
Michaelmas Term 2025



The Ladies' College
Guernsey

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Pasta bolognese with parmesan cheese and a garlic herb slice	Mild chicken korma with rice, naan bread and mango chutney	Roast pork loin with apple sauce, steamed seasonal veg, roast potatoes and gravy	Breaded turkey breast escalope with creamed potato, buttered carrots and chicken gravy	Margherita pizza, french fries and salad
Green Dish (V)	Cherry tomato and cheddar cheese omelette with lyonnaise potatoes and salad	Broccoli and cheese pasta bake with garlic bread	Thai style egg fried vegetable rice with prawn crackers	Roasted Mediterranean vegetable pastry slice	Veggie burger with tomato salsa, cheese and fries
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter
	Raspberry and white chocolate tray bake	Chocolate mousse with a honeycomb crumb	Homemade shortbread biscuit	Homemade fruit yogurt with granola	Homemade carrot cake



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	All main and green dishes will be served with vegetables of the day or salad				
Main Dish	Baked potato with beans, cheese, tuna mayo and salad	Napolentana and tuna sauce with penne pasta, parmesan cheese and garlic bread	Roast chicken, Paysanne potatoes, veg of the day and chicken gravy	Bangers and mash with sweetcorn and gravy	Chicken breast burger with salad and fries
Green Dish (V)	Tortilla chips topped with salsa, sour cream and cheese	Baked/filled potato skins stuffed with cheese and tomato	Thai noodle spring rolls with sweet chilli sauce	Homemade Yorkshire pudding with roasted root vegetables and veggie gravy	Peas and pesto pasta with parmesan slices and garlic bread
Salad Dish	A salad bar is available every day with ham, cheese, tuna or chicken on different days				
Dessert	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter	Freshly cut mixed fruit platter
	Fruity iced sponge cake	Banana and custard	Fruity flapjack	Summer fruit jelly	Homemade fruity Greek yogurt